

# THE OATH FOR COMPASSIONATE HELPERS

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I will **NEVER DO** for others what they have the capacity to do for themselves.

I will **LIMIT** one-way giving to crises and seek always to find ways for legitimate exchange.

I will seek ways to **EMPOWER** by hiring, lending, and investing and offer gifts as incentives to celebrate achievements.

I will put the interests of those experiencing poverty **ABOVE MY OWN** even when it means setting aside my own agenda or the agenda of my organization.

I will **LISTEN CAREFULLY**, even to not what is being said knowing that unspoken feelings may contain essential clues to healthy engagement.

And, above all, to the best of my ability,

**I WILL DO NO HARM.**